

THIS WEEK

Daily DIÉFENBUNKER

Museum. Tour the Diefenbunker, Canada's Cold War Museum. 3911 Carp Road. Once-secret Cold War bunker open to the public. Adults \$14.+tx. Seniors \$13.+Tx. Students \$10. +Tx. Youth (6-18) \$8.+Tx. Tour times www.diefenbunker.ca Call: 613-839-0007.

SUNDAY THEATRE

Weekly

Sunday afternoons in July and August at 1pm and 3pm. The life and death of Prime Minister King is celebrated by his staff. Includes tea on the veranda. 335 Laurier Ave East. Reservation: 613-992-8142.

July 21, August 18 **MURDER MYSTERY**

Prime Minister King invites you to a wine and cheese event. But the party is interrupted by a murder. 335 Laurier Ave East. Reservation: 613-992-8142. Space is limited. Until July 24

SIX PEAKS IN SIX

Days Charity Climb, Ottawa area. A group of local hikers will be climbing six peaks in six days to raise funds for their October charity trek in Nepal. Jamieson Findlay 613 234-9171. jfindlayesq@yahoo.ca gfvtrek2011.over-blog.com Until July 31

BELL, BOOK & CANDLE John van Druten's romantic

comedy inspired the television series Bewitched. Classic Theatre Festival, Mason Theatre, 13 Victoria Street, Perth. Wed.-Sat. 8 pm, with 2 pm matinees every Wed., Sat. & Sun. Tickets: www.classictheatre.ca Call: 1-877-283-1283. July 22-24

TAKE THE PLUNGE

1000 Islands DockDogs gets together with seven local Animal Rescue organizations? A Splashing good time at an action-packed canine sport. Rideau Carleton Raceway, come and watch. taketheplungeottawa.ca Phone: 613-729-7354. July 23

ARTSCENE PRESENTS

Clothesline Art Sale. Come see the Thread Lightly Alpacas and featuring the works of local artists and artisans. Free admission 10-5 p.m. 11 Spencer St. Spencerville. Call: 613.658.2278. www.artscenespencerville. blogspot.com

July 23 35th ANNUAL PIONEER

Day, Osgoode Township Historical Society and Museum 10-4 p.m. Come and enjoy this free community event. Call: 613-821-4062.

July 23 LÁ GRANGE DE LA

Gatineau 8 p.m. Mi-Brésil, mi-Brassens. Hot samba, bossa nova and the best of Brazil. \$20 (\$15 students). RSVP: www.grange.ca info@grange. ca (819) 827-3164.

July 24 ST. RAPHAEL'S

Galarama. Noon - 6:30pm. Continuous entertainment, The Brigadoons, McLeod Fiddlers, McCulloch dancers, Fridge Full of Empties, Hughie McDonell (from Nova Scotia), local talent. Food, refreshments, booths, silent auction. Bring a chair. Call: 613-347-7300.

THIS WEEK

July 24 **CAMPBELL FORD &** National Capital Mustang

Association Car Show Car Show and help support a great cause! Car show featuring hundreds of vehicles in 17 classes! New this year-Harley Davidson Motorcycles Registration 9-noon, trophy 3 p.m. 1500 Carling Ave, Registration \$100 per vehicle. Call: 613-725-3611 x 195.

July 24 HERBFEST AT THE

Herb Garden. Pile the family in the car. Come early. Stay late. Eat, drink, dance, sing, sample, listen, learn, enjoy. 16th annual Midsummer Herbfest. www.herbgarden.on.ca Call: 613.256-0228.

July 24 JÓIN ASSUMPTION OF

The Blessed Virgin Mary Parish, its family ministries and testimonies by members of the "catholic christian outreach" on our pilgrimage to Notre Dame de Lourdes Grotto on Montreal Road, 2:30- 4 p.m. Call: 613.745-7935.

July 25 THE WELSH

Conversation group will be meeting 7-9 p.m. at the Clock Tower Pub, 575 Bank Street. Everyone is welcome-please come and support us. Call 613-725-2704 for further information.

July 25-31

GREENSMERE GOLF

& Country Club celebrates their 10th Anniversary with specials all week long. Visit our website or call Greensmere Golf & Country Club 1717 Bear Hill Rd. Carp. 613 839-7772. www.greensmere.com

GREEN THUMBS

Until July 31 BLOOMFEST

Whitehouse Perennials. Enjoy 15,000 Daylilies in Bloom Beautiful Display Gardens. Daylilies For Sale. Great selection of Hostas, Perennials, Ornamental Grasses. 594 Rae Road. Almonte. 613.256-3406. www.whitehouseperennials.com

Daily 9-5 **RIDEAU WOODLAND**

Ramble. A top destination garden centre and display gardens will capture your imagination, 7 acres, garden collections of Hosta, Conifers, Grasses, Magnolia. Free admission. 210 Burritt's Rapids Rd. near historic Merrickville. www.rideauwoodlandramble.com Call: 613-258-3797.

Daily WHITEHOUSE

Perennials. Display gardens. Great selection of hostas, perennials, ornamental grasses. Mon.- Sat. 9:30-5. Sunday 10-4pm. 594 Rae Rd off County Road 29 between Almonte - Carleton Place. .whitehouseperennials.com Call: 613.256-3406.

THE HERB GARDEN

Pile the family in the car. Come early. Stay late. Eat, drink, dance, sing, sample, listen, learn and enjoy. 16th annual Midsummer Herbfest. www.herbgarden.on.ca Call: 613.256-0228.

GREEN THUMBS

Weekends 10-5 **GALETTA ROSE**

Nurseries. Thousands of roses in bloom right now. Hardy, guaranteed! Grown on the farm. 417 West to Kinburn exit #169, follow signs to 3196 Galetta Road. Email: galetta@ sympatico.ca. Web www3.sympatico.ca/galetta Call: 613-797-6257.

WELLBEING

July 26 **ANXIETY MANAGEMENT**

ADAO's 14-Week Anxiety Management Program will help you develop coping strategies to effectively manage your anxiety. RSVP: Anxiety Disorders Association of Ontario 613,729,6761

www.anxietydisordersontario.ca **OVEREATERS**

Anonymous. Are you a compulsive eater? OA is a 12-step program that has helped for more than 50 years. No dues. no fees. Meetings are held every day. 'Recovery is possible - one day at a time, www.oa-ottawa. ca Call: 613-820-5669.

BREAST CANCER

Action, resource and support centre for breast cancer patients and survivors. Free programs, as pre-operative & lymphedema workshops, peer counseling, fitness programs. www.bcaott.ca

OTTAWA DIAL 2-1-1

Free, confidential, multi-lingual non-emergency phone number to connect you to community, social, government and health services information in Ottawa. Bilingual. certified, information, referral specialists www.211ontario.ca_

BLOOD CLINICS

Donate blood: book an appointment, Canadian Blood Services www.blood.ca 1-888-236-6283

INTERESTED IN

Hospice Care volunteering? Hospice at May Court, register for our 13-week course Tuesdays 6:30-8:30 pm, Sept 6-Nov 29. Volunteers provide support, practical help to people who are facing a life threatening illness. volunteerservices@ hospicemaycourt.com Call: 613-260-2906 x 231.

MARKETS

Daily

CÉDAR HILL BERRY Farm. Wonderful yield of Raspberries at scenic Cedar Hill Berry Farm in Pakenham. Enjoy a family outing, pick berries, bring a picnic and camera. Kids welcome. www.cedarhillberryfarm.com Call: 613-256-3029.

Saturdays Until October 29 **CARP FARMERS' MARKET**

Producer-based Market featuring a variety of fresh local produce, food court, and crafts. 8 A.M. till 1 P.M. Carp Fairgrounds. Carp, Ontario. Events calendar, newsletter and vendors are listed on www.carpfarmersmarket.com Call: 613-786-1010.

Saturdays 9-2 p.m. **MAIN FARMERS' MARKET**

Saint Paul University, 223 Main Street. Saturdays until October 29. Local producers and artisans, excellent selection of produce, meats, eggs, honey, maple syrup, flowers, baking, delicious meals. www.mainfarmersmarket.org Call: 613-489-3675.

MARKETS

Saturdays NORTH GOWER FARMERS

Market, 8:30 - 1:00pm. Local produce, plants, meat, eggs, homemade foods & baking. Artisans with pottery, jewellery, sewing, etc. Breakfast and lunch. 2397 Roger Stevens Dr. North Gower. www.ngfarmersmarket.com Call: 613-489-9794.

Saturdays 'til October 8 CUMBERLAND

Farmers' Market. 8am-1pm Local produce, meats, baked goods, tasty foods, skin care products, artisans goods, indoor café and more. 1115 Dunning Rd. www. cumberlandfarmersmarket.ca Call: 613-833-2635.

Sundays 'til Thanksgiving KEMPTVILLE

Farmers' Market. 2pm - 4pm. Riverside Park, Reuben Crescent, Kemptville 45+ farmers and vendors including local produce, meats, baked goods & breads, arts & crafts. www.kemptvillefarmersmarket.ca Call: 613-774-5051.

OTTAWA MIXED MEDIA **ARTISTS** Thursday, July 28, 7pm

JURIED SHOW 'WOVEN' Mississippi Valley

Textile Museum 3 Rosemond Street E Almonte MEET

THE ARTISTS Cash Bar

613-256-3754 www.omma.co

Now until July 31 **BLOOMFEST WHITEHOUS PERENNIALS** 15,000 Day

Beautiful Display Gardens Field gown daylilies For Sale Great selection of Hostas, Perennials, Ornamental Grasses 594 Rae Road off County Rd 29

13.256-3406 www.whitehouseperennials.com

Sundays Year Round CARP ROAD FLEA

Market. Antiques, furniture, books, china, toys, lots more. Forget the rest and come to the best, every Sunday 9-5 p.m., year round, free admission, free parking. 2079 Carp Road, Stittsville. Call: 613-836-3103.

WATSON'S MILL

July 24

WATSON'S MILL, Manotick. Concert featuring

Mike O'Reilly and Friends. July 24th, 7-9pm. Music style: Bluegrass-rockabilly. Advance tickets: \$20/adult, \$10/child. At the door: \$25/adult, \$15/child. Call: 613-692-6455. July 24

WATSON'S MILL,

Manotick. Milling Demonstration: Sunday, July 24th, 1-3pm. See the original milling equipment in full operation. Fresh stone-ground whole wheat flour available Call: 613-692-6455.

WATSON'S MILL

Daily WATSON'S MILL,

Manotick. Used Book Sale: Daily, 10-4. Thousands of titles, great selection, tidy, affordable. In support of the Mill. Call: 613-692-6455.

FAIRS

July 29-30 **GLENGARRY HIGHLAND**

Games. Piping, dancing, heavyweight events, games, concert, tattoo. \$20 per day www.glengarryhighlandgames.com

August 11-14 **NAVAN FAIR**

Midway, bull-riding, exhibits, demonstrations of crafts. Floriculture, baking, antiques, education. Come milk a cow. Demo Derbies, Bands, shows. August 13 Parade 11 a.m. www.navanfair.com Call: 613-833-2792.

August 18-21 VANKLEEK HILL

92 Main Street West. www.vankleekhillfair.ca Parade, sheep herding, midway 4-11 p.m. Heavy horse show, Holstein show, western dhow, horse pull and much more.

August 26-28 RICEVILLE

4029 Country Road 16, Riceville, Antique tractor pull, entertainment, children's activities, beef show, open 4-H beef show, light and western horse show, turkey supper and

September 8-11 **SPENCERVILLE FAIR**

Fun for the whole family, free admission children 6 and under. midway, entertainment, petting zoo, camel rides, horse, cattle, poultry shows. www.spencervillefair.ca

AMILY

Tuesdays-Sundays

VALLEYVIÉW LITTLE Animal Farm. Visit farm animals and birds, ride the "Valleyview

Express". Puppets shows, farm playground, cafe and gift shop. Bill's Old Farm Museum. Admission \$8. pp. Tues-Sun 9:30-4 p.m. 4750 Fallowfield Rd. 613-591-1126 ValleyviewLittleAnimalFarm.com

July 22-24 **TAKE THE PLUNGE**

A Splashing good time, actionpacked canine sport, open to dogs of all breeds and people of all ages! Rideau Carleton Raceway, two-day agility fun matches. \$5 per person. Free for <12. Fundraiser Ottawa Pet Rescues taketheplungeottawa.ca Call: 613-729-7354.

VĂCATION BIBLE

August 8-12

School. 9AM-12PM. St. Andrew's Presbyterian Church, 3529 McBean St., Richmond 613-8383723. \$40/child; snacks provided. Registration Deadline July 31. September 16-18

ANGLO-CELTIC ROOTS! Celebrate while learning.

Register by August 12, and save. 17th Annual Conference British Isles Family History Society of Greater Ottawa, featuring England, Wales, London, Home Counties. Library & Archives Canada, 395 Wellington. www.bifhsgo.ca 613-234-2520.

FAMILY

SCHOOL FOR FIDO

Bytown Dog Obedience Club offers summer classes, all levels, all ages, for your Fido. Great time to refresh doggy manners, develop new skills. 613.822-4400. bytowndogobedience.org

BULLEY'S ORIGINAL FISH

Charters, fishing for 3, includes snacks, beverages, shore lunch, take-home filleted fish. Full equipment. Madawaska River, Arnprior, Book now for August or fall. Ted Bulley 613-521-0744. bulleysoriginalfish@gmail.com

PARLIAMENT HILL Guided Tour, Centre Block. Parliament of Canada

www.parl.gc.ca./vis Weekdays 9 a.m.-7:20 p.m. Weekends, holidays 9-4:20 p.m. Call: 613-996-0896. **PARLIAMENT HILL** Mosaika: Canada Through the eyes of its people July 8-18,

10 p.m. July 19-September 12,

9:30 p.m. canadascapital.gc.ca/

mosaika. **RIDEAU HALL**

Visit the residence and workplace of Canada's Governor General, guided tours daily 10-4 p.m. family activities, ceremonial guard. Summer concerts July 23-24. Free admission, 1 Sussex Drive. 1-8660842-4422 www.gg.ca/visitus

September 12 **JOIN OTTAWA BRAHMS**

Choir. Inviting old and new members to join us in our 31st season for a wonderful programme of choral works. All voices are welcome, especially Tenors and Basses. No audition required Call: 819-568-8169. www.OttawaBrahmsChoir.ca

DATEBOOK

July 28 **DIRECT FROM IRELAND**

Rose of Tralee Ottawa Centre presents Caladh Nua in a fundraising concert at the Irish Ambassador's Residence, 291 Park Road, Rockcliffe. 7:30pm. Tickets \$30. roseoftralee.ca/buy. nhn or ticketweb.ca Call: 613.800-1853.

July 28 **OTTAWA MIXED MEDIA**

Artists Juried Show until September 4th 'Woven'. Mississippi Valley Textile Museum, 3 Rosemond Street E. Almonte. Meet the artists Thursday, July 28, 7 p.m. Cash Bar. Call: 613-256-3754. www.omma.co

July 29. August 26 **CANDLELIT TOUR** 7 p.m., glimpse into the personal

life of Prime Minister King as Edward the Butler takes you behind the scenes of Laurier House. 335 Laurier Ave East. Reservations: 613-992-8142. August 3

RICK HARRISON

Fundraising golf tournament, Meadows Golf Club. \$130 covers golf, cart and dinner, open to all.

Brentharrison14@gmail.com August 5

BREAST CANCER ACTION 5th Annual 'Golf Tournament of

Hope', Glen Mar Golf Club, 1:00 p.m. shotgun \$125 per golfer (cart, prizes, dinner, \$50 tax receipt). Details online: www.bcaott.ca/events/golf Call: 613-736-5921.

DATEBOOK

August 6 **ART IN STRATHCONA**

Park. 11th Annual Exhibition and Sale featuring more than 140 artists and artisans. 10-5 p.m. Range Rd & Laurier Ave., E. Sheila Deighton (613) 722-6521 x 7775. colleen_burns@rogers.com

August 11-14 SANDROAD

Bluegrass Festival 2011, Moose Creek, Ontario. Featuring: Acoustic Horizons with Ray Legere, The Douthwrights, Acoustic Blue and more. Enjoy the music in the shade of the maples. www.sandroadbluegrassfestival.com sandroad@ontarioeast.net Call: 613.538-2177.

August **CALL FOR ARTISTS**

Friends of the Farm is hosting Art on the Farm Saturday, August 20. Rain date Sunday August 21. All art mediums welcome, vendor spaces available. www.friendsofthefarm.ca events@friendsofthefarm.ca

Call: 613-230-3276. August 6

11th ANNUAL ART IN Strathcona Park, 10am -5pm, corner of Range Rd & Laurier Ave., E., exhibition & sale featuring over 140 artist and artisans. Contact Sheila Deighton (613) 722-6521 x 7775. Or email colleen_burns@rogers.com

August 18-23 A COMPANY OF FOOLS

Theatre brings Anthony and Cleopatra to parks in Sandy Hill, Westboro, Wakefield, Alta Vista, Ottawa South. Curtain time: 7 pm. Cost: "pass the hat". Check out www.fools.ca for location details.

Call: 613.421.2720.

September 25 **KIDNEY FOUNDATION**

Walk. Our fall Walks brings together dialysis patients, organ transplant recipients, donor families, living donors and Kidney Foundation supporters. Andrew Haydon Park, registration 10 a.m.; Walk 11 a.m. www.kidney.ca/ontariowalk

Call: 1.800.387.4474. WISH LIST

ST. JOE'S WOMEN'S

Centre. 151 Laurier Avenue East. 613-231-6722. siwomensctr@hotmail.com. We need shampoo, soap, deodorant, towels, small appliances, kitchen utensils.

MAY COURT BARGAIN Box 228 Laurier East. Clothing at great prices, good selection

of household goods. Run by friendly volunteers, in business for 39 years. Store hours 613-235-0333.

OUR TOWN "Thursdays" Deadline before Friday 4 p.m.

- Listing submission 35 words Telephone number required
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